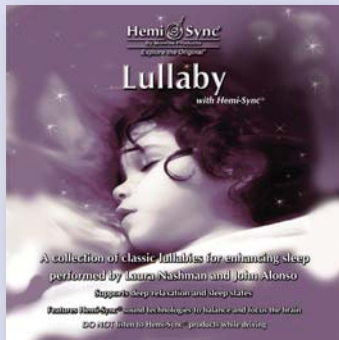


2011 New Releases

Metamusic®



Lullaby with Hemi-Sync®

This gentle and enchanting collection of the world's favorite lullabies carries you from deep relaxation into restful sleep. Perfect for children and adults alike, these selections feature Laura Nashman on flute and John Alonso on piano, blended with Hemi-Sync® sleep frequencies. Length: 55 minutes

ITEM# MA105CN \$19.95 (CD)
ITEM# MA105 \$14.96 (Download)



Maiden Voyage with Hemi-Sync®

Jonni Serrie says his electronic music "exists to help us explore a sense of ourselves and our place in the Universe." With the addition of Hemi-Sync® to these relaxing, flowing melodies, get ready to embark on a fresh new journey into space while delving into the vastness of your own being. Length: 55 minutes

ITEM# MA103CN \$19.95 (CD)
ITEM# MA103 \$14.96 (Download)

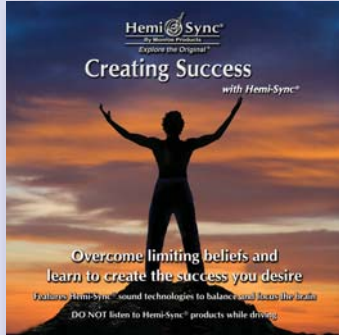


Mayan Winds

Authentic tribal rhythms, exotic jungle sounds and ethereal soundscapes by ThunderBeat invoke the atmosphere of ancient Mayan temples. Hemi-Sync® frequencies combine to assist you in reaching higher states of consciousness. Enter into ceremony as these venerable predecessors call you to join them. Instruments include drums, flutes, bells, rattles, marimba, didgeridoos, and sounds of the rainforest. Length: 49 minutes

ITEM# MA104CN \$19.95 (CD)
ITEM# MA104 \$14.96 (Download)

Mind Food®



Creating Success with Hemi-Sync®

Two verbally guided exercises assist you in overcoming limiting beliefs and opening the door to living your passion. With *Defining and Believing in Your Success*, Carolyn Ball, MA, LPC, guides you to create clear images and an understanding of your definition of success. The second track, *Steps to Living Your Passion*, will lead you through a progression of visualizations and positive affirmations for realizing your passion. Hemi-Sync® frequencies support this process by assisting you in reaching those states of openness and receptivity. Length: 70 minutes

ITEM# MF064CN \$19.95 (CD)

ITEM# MF064 \$14.96 (Download)



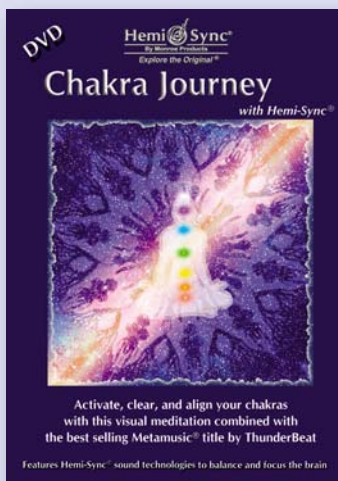
Exploring Our Future

Travel to the future to see how the world has changed geophysically, socially, economically, and technologically. Lee Stone guides you into states of relaxation as the Hemi-Sync® signals assist you in moving into heightened states of consciousness, allowing you to explore the world in the selected year of your choosing. From there you will be directed to focus your attention on specific areas, moving about and noticing changes that have taken place. Length: 58 minutes

ITEM# MF065CN \$19.95 (CD)

ITEM# MF065 \$14.96 (Download)

DVD



Chakra Journey with Hemi-Sync® DVD

Activate, clear, and align your chakras while expanding your awareness with this visual meditation combined with the best selling *Metamusic*® title by ThunderBeat. Experience beautiful sunsets, waterfalls, dolphins, jungles, auroras, crop circles, and sacred sites. Each chapter focuses on the individual chakra, from the root (key of C), to the crown (key of B). The final chapter is designed to balance and ground you. Instruments featured: keyboards, chimes, wind, rattles, ceremony drums, ocean waves. Running time: 33 minutes.

ITEM# MA075D \$24.95 (DVD)