

## Classic Album Series Now Available On CD

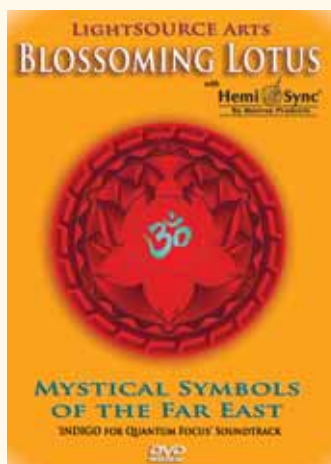


ITEM# SSR005C \$59.85 (CD)

### Support for Stroke Recovery

The primary focus of this series is to assist you in actively participating in your body's own natural healing process. A growing body of evidence supports the interconnectedness of mind and body, and medical research now shows that our words, thoughts, and feelings have substantial impact on our bodies. This series combines relaxation, affirmations, and guided imagery to help you rediscover your body's innate wisdom, and to maximize your body's natural tendency to heal and restore balance. A guidance manual and four exercises (four CDs) are included: *Relaxation Into Sleep*, *Healing Energies*, *Support for Speech Recovery*, and *Support for Motor Skills Recovery*.

## New Sacred Symbols from LightSOURCE Arts



ITEM# LS004D \$27.95 (DVD)  
ITEM# LS004C \$34.95 (CD-ROM)

### Blossoming Lotus with Hemi-Sync® Mystical Symbols of the Far East

*Blossoming Lotus with Hemi-Sync®* breathes light and life into mystical, sacred symbols of the Far East. Hypnotic animation and vibrantly brilliant color merged with the heart-opening *Indigo for Quantum Focus* Hemi-Sync® soundtrack truly will inspire you to unparalleled new peaks of creative inspiration.

From the creators of the classic LightSOURCE, *Blossoming Lotus with Hemi-Sync®* presents twelve mandalas from the Taoist, Buddhist, and Hindu traditions that manage at once to be both ancient and contemporary.

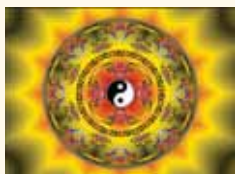
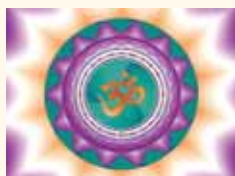
Use *Blossoming Lotus with Hemi-Sync®* for powerfully focused meditation, daily stress reduction and serene ambience, as joyful upliftment at ceremonies and gatherings, and even for profoundly deep new experiences when giving or receiving massage.

*Indigo for Quantum Focus* is an extraordinary, nurturing **Metamusic®** composition featuring designer mixes of Hemi-Sync® frequencies for super learning and concentration that provide a roadmap to expanded awareness.

Mandalas include: Tao Yin Yang, The Blossoming Lotus, Dorje Sceptre, Endless Knot & Wheel of Life, Kanji Yin Yang, Lhasa Lotus, The Mahakala, Lotus Buddha, Om Devanagari, Mahamudra Buddha, Om Mane Padme Hum, and The Sri Yantra.

Software requirements for CD-ROM—For Windows computers: Windows XP or Vista. 480 MB hard drive space. For Macintosh computers: OSX 10.3.9 or higher, including Intel-based. 480 MB hard drive space.

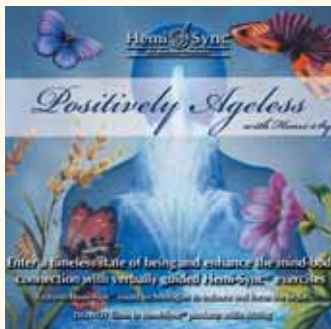
DVD—Widescreen and fullscreen versions. Many on-disc extras included. Running time: 74 minutes.



# Monroe Products®

## 2007 New Releases

### New Hemi-Sync® Album Series



ITEM# PA001C \$59.85 (CD)

#### Positively Ageless with Hemi-Sync®

Enter into a timeless state of being while enhancing the mind-body connection with verbally guided Hemi-Sync® exercises. We have all heard "age is a state of mind." When we alter the way we have been conditioned to think about age, we are able to create new patterns that affect our physical and psychological selves. *Positively Ageless with Hemi-Sync®* uses guided meditations, affirmations, creative visualizations, and other tools to help you rewrite the program of aging, allowing you to feel younger, healthier, stronger, and more at peace while enhancing the overall quality of your life. A guidance manual and five exercises on four CDs are included: *Rejuvenation, Reconditioning, Lightbody, Clear and Balanced, and Renew Through H-Plus.*

### Metamusic®



ITEM# MA077CN \$19.95 (CD)

#### Deep Time Dreaming

Explore unknown spiritual realms with the ancient shamanic soundworlds of Byron Metcalf, Mark Seelig and Hemi-Sync®. A portal for shamanic travel and divine communion, laced with mysticism, *Deep Time Dreaming* is sacred music in the truest sense. German-based flutist, Mark Seelig accompanies Metcalf's trancing, organic percussion in this awe-inspiring otherworldly sojourn with support from dreamtime maestro, Steve Roach. Originally released as *Wachuma's Wave*, this multi-textured shamanic masterpiece was recognized by Backroads Records as the number one release of 2003 across all genres. Instruments featured: frame drums, bass drums, clay pots, overtone singing, sacred chants and various soundworlds. Other **Metamusic®** titles by Byron Metcalf are *The Shaman's Heart* and *Spirit Gathering*. Length: 73 minutes.

"The artists are to be commended for producing music that speaks forcefully to the call of deep meditation and brain adventure."  
—Mark Morton, Wind and Wire

"[*Deep Time Dreaming*] is truly wonderful: Very profound, spacious, warm, mysterious and magical—music that elevates the heart-center consciousness to higher frequencies, and opens consciousness to the larger, greater world of spirits. The way Byron and Mark blend the overtone voice and bansuri flute with soft acoustic pulse rhythms is mesmerizing. It's definitely inner journey music. Thanks again for bringing it through."  
—Ralph Metzner, Ph.D.

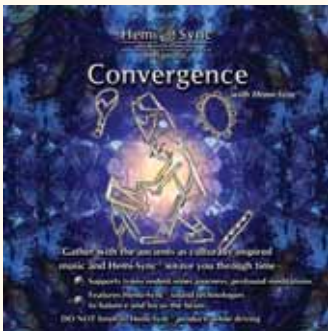
"This ground-breaking work is a true journey of soundworlds and shows the amazing progress of Byron Metcalf's musical evolution. His percussion and hybrid grooves continually set the stage for this voyage of soulful remembrance. Byron plays frame drums, large bass drums, clay pots and other unique creations. Joining him are Mark Seelig, playing bansuri flutes, harmonic overtone singing, and sacred chants, and dreamtime maestro Steve Roach. Steve adds his own subterranean mixes, didgeridoo, harmonic dronezones and timewave atmospheres. From pulsing and intense beats to deep drift spaces, this superbly high-quality CD is going to rank as an essential disc for years to come. It is a portal of travel, a soul retrieval, and a ritual of deep time dreaming."  
—Lloyd Barde, Backroads Music



ITEM# MA075CN \$19.95 (CD)

## Chakra Journey with Hemi-Sync®

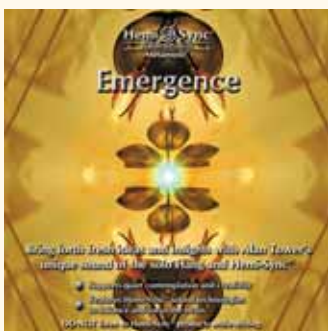
Activate, clear, and align your chakras while expanding your awareness with the soothing, healing music of ThunderBeat and Hemi-Sync®. A gifted shamaness and award-winning musician, ThunderBeat has created each musical track to focus on a chakra, from the root (key of C), to the crown (key of B), thus helping to relieve stress and emotional blockages. The final track is designed to balance and ground you. Use *Chakra Journey with Hemi-Sync®* for meditation; relaxation; massage and bodywork; or yoga. Instruments featured: keyboards, chimes, wind, rattles, ceremony drums, ocean waves. Length: 59 minutes.



ITEM# MA076CN \$19.95 (CD)

## Convergence with Hemi-Sync®

Gather with the ancients as culturally inspired music and Hemi-Sync® weave you through time. Spotted Peccary Music artists Deborah Martin, Mark Rownd and Greg Klamt expertly blend lyrical instruments, rhythmic drums, rich atmospheres and harmonious melodies to awaken the spirit of diverse civilizations. As you open to these multidimensional states, the music evokes the essence of the heart and soul of these indigenous peoples, moving you into a place of reverence and unity. Use *Convergence with Hemi-Sync®* for transcendent inner journeys and profoundly deep meditations. Instruments featured: Native American and Chinese flutes, ocarinas, Taos drums, keyboards, turtle rattles, straws, cymbals, Tibetan hand drum, bells and bowls. Length: 55 minutes.



ITEM# MA078CN \$19.95 (CD)

## Emergence

Bring forth fresh ideas and insights while expanding your awareness with Alan Tower's unique sound of the solo Hang and Hemi-Sync®. The Hang ("hung") is a truly remarkable evolutionary instrument invented in Switzerland by Felix Rohner and first introduced in 2001. The sound it produces is likened to a hybrid of the Steel Pan and Gamelan. Tower has invented a Triple Hang Altar (see cover) that allows him to play two or three Hanghang together. Beautiful, melodic compositions will capture your heart and imagination, reawakening you to your divine nature and place in the Cosmos. Use *Emergence* for: quiet contemplation, creativity, or for establishing sacred space. Another **Metamusic®** by Alan Tower is *Breath of Creation*. Length: 70 minutes.





ITEM# MA079CN \$19.95 (CD)

## Pearl Moon

Reveal your innermost feelings and subconscious self with the luminous sounds of Andrzej Rejman and Hemi-Sync®. The moon is associated with the mind, habits, and emotions, and the pearl symbolizes innocence and a pure heart. Rich textures and ambient backgrounds create a flowing and peaceful sojourn to the depths of your soul, strengthening your innate abilities of perception while establishing self-acceptance and profound joy. Use *Pearl Moon* for meditation; relaxation; or for massage/body work. Instruments featured: piano, electric piano, analog and digital synthesizers, acoustic and electric guitar, real atmospheres, strings, flute. Another **Metamusic®** title by Andrzej Rejman is *Oasis*. Length: 67 minutes.



ITEM# MA080CN \$19.95 (CD)

## The Return

Embark on an inward passage that leads you into the arms of the Creator in this sequel to *Inner Journey* by Micah Sadigh, Ph.D. Ethereal sounds and Hemi-Sync® gently guide you to a divine state of consciousness as you reconnect with the Source, finding comfort and peace in the beauty of oneness. Use *The Return* for deeper, more profound meditation; for crossing over into the sleep state; or for energy healing work. Other **Metamusic®** titles by Micah Sadigh are *Inner Journey*, *The Journey Home*, *Portal to Eternity*, *Transformation*, and *The Visitation*. Length: 46 minutes.



ITEM# HS003CN \$19.95 (CD)

## Transforming Life's Challenges *(contains verbal guidance)*

Focus your energy toward health and vitality by reconnecting with the life force within. This powerfully guided Hemi-Sync® meditation can help release emotions, invoke love, and generate life-giving energy to assist you in moving to a higher vibration. This, in turn, facilitates the activation of your body's natural healing abilities, allowing you to move beyond negative thought patterns and replace them with the positive energy of love and support. *Know* that you have the innate capacity to transform any physical or emotional challenge you may encounter. Length: 45 minutes.